



## Home Health Services

Home Health services include:

**Skilled nursing**—Your care will be administered by a Registered Nurse (RN), Licensed Practical Nurse (LPN), or Home Health Aide, depending on your needs and care plan. Services range from health assessments and wound care to patient education and other tasks. To find out if you qualify through Medicare for Home Health Skilled Nursing, visit [Medicare.gov](https://www.Medicare.gov).

**Physical therapy**—Using the latest tools and techniques, your therapist will help improve your balance, strength, mobility and overall physical abilities.

**Occupational therapy**—Your therapist will educate and work with you on performing Activities of Daily Living (ADLs), such as bathing, preparing meals or housekeeping tasks.

**Speech therapy**—If you're struggling with dysphagia or swallowing challenges, your therapist can often help you achieve exciting results.

**Medical social work**—Support services include case management, psychological assessment, grief counseling, crisis intervention and lifestyle education. Your social worker will also provide valuable information about community resources, and can assist with future planning activities such as hospice or other care options.

